



St Mary's Catholic Academy
Our Lady of Lourdes Catholic Multi-Academy
Beaconsfield Street, Hyson Green, Nottingham NG7
Headteacher: Anne-Marie Bell



Telephone: 0115 9151799
Email: admin@smca.nottingham.sch.uk

Wednesday 1st September 2021

Dear Parents/Carers,

We will begin swimming lessons as part of our PE curriculum next week. Year 4 will attend Djanogly pool on a Tuesday afternoon. Lessons will commence on **Tuesday 7th September 2021**.

Children will need:

- a **separate bag** with a costume and towel
- Girls - full one-piece swimming costume
- Boys - swimming trunks (**swimming shorts are not allowed**)
- To tie long hair back, swimming hats are optional
- To remove earrings before coming to school on Tuesdays - **earrings are not permitted during swimming lessons**
- Goggles - only if essential for your child and the slip **must** be completed below

We need parents help with our swimming sessions in order for them to be possible. Help involves walking the children to the swimming baths at 12.45pm and observing on the poolside. Please could you fill in the slip below, adding any dates that you are not available. We will then set up a rota. Any help would be much appreciated.

Kind regards,

Mrs North
PE Co-Ordinator

Parent availability to support swimming

Child's name: _____

Parent's name: _____

[] I am available to support swimming sessions on Tuesday afternoons

[] I am not available to help with the swimming sessions

Use of Goggles

[] I give permission for my child to wear goggles while swimming and these will be checked for comfort before attending the lesson.

Dates I am unable to help:

Signed _____ Date _____